



## LETTER FOR RELATIVES

Dear Sir or Madam,

A congenital predisposition for high blood cholesterol levels, known as familial hypercholesterolemia, has been identified within your family. This is a serious hereditary fat metabolism disorder that can lead to development of atherosclerosis (hardening of the arteries) and myocardial infarction (heart attack) at an early age (as early as age 35). This condition can be effectively treated.

Medications can significantly reduce blood cholesterol levels, which in turn (and most importantly) significantly reduces the risk of premature death.

Familial hypercholesterolemia has a 50% transmission probability; thus, children have a 50% chance of inheriting this condition from a parent. The fact that your relative(s)

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has/have already been diagnosed with this illness means that you, too, may have familial hypercholesterolemia and testing is needed to find out for certain. Therefore, we urgently recommend that you visit a specialist clinic to undergo an examination that will either confirm or rule out this disease, and also assess your risk of myocardial infarction. If diagnosed with familial hypercholesterolemia, you can begin treatment. Early initiation of treatment is crucial for reducing the risk of premature death.

Specialist clinic in your area:

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Please call to make an appointment: .....

Best regards,

Date: