



WHEN TO CONSIDER A DIAGNOSIS OF FH

1. Lipidogram results without treatment: **TC > 8 mmol / L + LDL-C > 5 mmol / L + TG < 3 mmol / L**

(TC = total cholesterol; LDL-C = LDL cholesterol; TG = triglycerides)

2. Clinical Signs:

- **Tendinous xanthomas** in patients or family members is always a sign.
- **Arcus lipoides** or **xanthelasma palpebrarum** in patients < 50 years

3. Patient history: Premature atherosclerosis (MI, Stroke, peripheral arterial disease) in men < 55 years and women < 60 years.

4. Family history:

- Premature atherosclerosis (MI, Stroke, peripheral arterial disease) in men < 55 years and women < 60 years
- **Confirmed FH** in a first-degree blood relative